



Crystal Knowledge and Wisdom Course

{Level 1}

Quantity of People: 6
Length of Course: 3 Hours
Location: Kanata

- A. Chakra Balancing: Using 7 Chakra Stones and a Pendulum to Balance Yourself. **(30-45 minutes)**
 - B. Crystal Gridding: Using Crystal Grid formations to Raise the Vibration of whatever Intention in given. **(30-45 minutes)**
 - C. The Wearing of Crystals: How to choose what Crystal or Stone is good to wear based off of your Intention. When to choose another one and why. **(20 minutes)**
- (10 – 15 Minute Break)*
- D. Archangels with Crystals: Associations between Archangels and Crystals and their meanings. **(30 Minutes)**
 - E. Pendulum Techniques: How to Clear a Room, a Crystal, a Person and Yourself. The use of any Pendulum. Guided Questions and Protection Techniques. **(20 Minutes)**
 - F. Meditating with Crystals: How to meditate with a Crystal to raise your vibration and enhance your clarity. **(20 minutes)**
(Questions, Comments, or anything else to talk about as per group)

What you will need:

- A Pen and Notebook
- A Yoga Mat for Lay down Meditations
- A Pendulum (Supplied by Crystal Awakenings or by you)
- A Set of 7 Chakra Stones (Supplied by Crystal Awakenings or by you)
Hematite, Carnelian, Citrine, Rose Quartz, Sodalite, Amethyst, Clear Quartz Point

Courses run every one to two months
Contact Todd Gyenis for more information on dates
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